

SPA WELLNESS

SALT CAVE - STEAM BATH - HYDROMASSAGE POOL
SAUNA - EMOTIONAL SHOWER WHIT KNEIPP PATH
90 MIN. €. 50.00

MASSAGES

RELAXING MASSAGE
50 MIN. €. 70.00

SPORTS MASSAGE
50 MIN. €. 80.00

PLANTAR MASSAGE
20 MIN. €. 35.00

ANTI-CELLULITE DRAINING MASSAGE
50 MIN. €. 80.00

FACE AND SCALP RELAXING MASSAGE
20 MIN. €. 35.00

PARTIAL MASSAGE
(RELAXING/DECONTRACTING/DRAINING)
25 MIN. €. 40.00

FACE AND BODY TREATMENTS

Touch and Clean

Purity and nutrition treatment

THIS IS THE PIONEER RITUAL OF ALL SKINCARE TREATMENTS. A SUCCESSION OF SENSORIAL, NATURAL AND LUXURIOUS TREATMENTS AND GESTURES THAT PROTECT AND NOURISH THE FACIAL SKIN, ENSURING A HEALTHY, RELAXED AND RADIANT EPIDERMIS.
10/15 MIN. €. 25.00

A beauty routine treatment dedicated to men

IT DEEPLY CLEANSSES THE BEARD, SOOTHES THE SKIN AFTER SHAVING, FACILITATES THE ELIMINATION OF TOXINES, THE PENETRATION OF ACTIVE INGREDIENTS AND THE CELL REGENERATION.
10/15 MIN. €. 25.00

Deep purity face

A TREATMENT THAT USES THE DEEP REBALANCING ACTION OF PLANTS TO PURIFY THE SKIN, FREE IT FROM IMPERFECTIONS, REBALANCE THE MICROBIOTA.
60 MIN. €. 65.00

Intensive purifying treatment for mixed and oily skin or skin with imperfections

THE NON-AGGRESSIVE CLEANING, THAT EFFECTIVELY COMBATES BACTERIA, IS THE BASIS FOR TREATING THESE SKINS THAT NEED TO RECOVER THEIR BALANCE.
50 MIN. €. 75.00

Soothing sensitive skin treatment

RE-HARMONIZING THE NATURAL PHYSIOLOGICAL DEFENCES IS THE FIRST STEP FOR THESE SKINS THAT COULD FACE AN EARLY ONSET OF THE SIGNS OF TIME.
40 MIN. €. 80.00

Generous global anti-age ritual

OUR TASK IS TO REVITALIZE TISSUES AND CELLULAR FUNCTIONS, WITH ACTIVE INGREDIENTS THAT STIMULATE THE PRODUCTION OF QUALITY COLLAGEN AND ELASTIN AND WITH MANUAL SKILLS THAT GIVE RENEWED CELLULAR VITALITY.
50 MIN. €. 90.00

Face lightening treatment

THIS TREATMENT IS APPROPRIATE FOR GREY AND DULL SKINS, WITH SKIN SPOTS. IT IS SUITABLE FOR SMOKERS, FOR THOSE WHO HAVE AN INTOXICATED SKIN, TO GIVE BRIGHTNESS AND REDUCE WRINKLES AND SIGNS OF AGE.
50 MIN. €. 80.00

De-stress eyes treatment

IT DRAINS THE EYE BAGS, IMPROVES THE MICRO-CIRCULATION, SO THAT IT CLEARS THE DARK CIRCLES AND PLUMPS THE WRINKLES, IT IS THE INTERVENTION THAT THIS DELICATE AREA NEEDS.
30 MIN.
WITHIN A FACIAL TREATMENT €. 20.00
IF CARRIED OUT SINGULARLY €. 35.00

Aurora's Bath

AURORA'S BATH AND ANTISTRESS MASSAGE.
50 MIN. €. 70.00

Sublime body glow

BEFORE EACH TREATMENT, AND AT LEAST EVERY 28 DAYS, PREFERABLY COINCIDING WITH THE CHANGE OF THE MOON, IT IS ESSENTIAL TO REMOVE DEAD CELLS BY EXFOLIATING THE SKIN. THIS ALLOWS THE ABSORPTION OF PRODUCTS THAT WOULD OTHERWISE REMAIN ON THE SURFACE.
40 MIN. €. 60.00

Ultra effective detox and reduce treatment

IT STIMULATES THE ELIMINATION OF LOCALIZED ADIPOSITY. IT SUBSTANTIALLY REDUCES THE FORMATION OF NEW ADIPOCYTES. MINIMIZES FAT ACCUMULATION, RESHAPING THE SILHOUETTE. THE SKIN IS SMOOTHER, THE IMPERFECTIONS OF CELLULITE ARE REDUCED. DRAINS AND INCREASES SKIN TONE.
80 MIN. €. 80.00

Active draining and slimming legs wrap

IT RESTORES A BALANCE OF MICROCIRCULATION AND PROMOTES THE DRAINAGE OF TISSUES, GIVING LIGHTNESS AND FRESHNESS TO THE LEGS.
40 MIN. €. 90.00

Powerful tone and lift body wrap

IT STRENGTHENS AND REORGANIZES THE SUPPORTING STRUCTURES OF THE SKIN, GIVING ELASTICITY AND FIRMNESS.

80 MIN. €. 80.00

Anti-age and lightening hand treatment

THE TREATMENT REDUCES THE SURFACE DEAD CELLS. IT STIMULATES CELLULAR METABOLISM AND ACCELERATES THE EPIDERMIS RENEWAL, FOR A YOUNGER AND BRIGHTER SKIN.

30 MIN. €. 30.00

Remineralizing and soothing spring-summer treatment

THIS FACIAL AND BODY RITUAL HELPS TO ACCOMMODATE THE SEASONAL CHANGE WITHOUT TRAUMA. IT PURIFIES THE FACE, HYDRATES AND ILLUMINATES. IT DRAINS THE BODY AND MAKES IT SILKY; IT PREPARES THE SKIN FOR TANNING AND HELPS TO KEEP IT GOLDEN.

90 MIN. €. 100.00

Toning and protective autumn-winter treatment

THIS FACIAL AND BODY RITUAL HELPS TO ACCOMMODATE THE SEASONAL CHANGE WITHOUT TRAUMA. IT PURIFIES THE FACE, DECONGESTS AND NOURISHES. IT ELASTICIZES THE TISSUES AND DETOXIFIES THE BODY, IMPROVING THE MICROCIRCULATION.

90 MIN. €. 100.00



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PROGRAMMA DI SVILUPPO RURALE DELLA SARDEGNA 2014-2020
Intervento cofinanziato dal Fondo Europeo Agricolo per lo Sviluppo Rurale

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Spa

Natural Wellness
for Body & Soul


IS PERDAS
AUTHENTIC SARDINIAN EXPERIENCE

